

# LUNCH

## Monday to Friday

from 11 am till 2 pm

### Soup of the day

Served with toast and butter

6

#### **Grilled Watermelon Salad**

Mix of arugula and lettuce, grilled watermelon, goat cheese, maple nuts and balsamic vinegar

10

#### Garden Salad

Mixture of greens and sprouts, cheeses, onions, granny smith apples, strawberries, chia seeds and vinaigrette

10

#### Bruschetta

Toasted bread, mixed tomato confit, basil, garlic, citrus, bocconcini and marinated olives

11

#### Southern Duo

Homemade Pico de Gallo, guacamole with corn chips

9

## Tartar Style Smoked Salmon

NB smoked salmon, red onions, capers, crème fraiche with horseradish, citrus fruits, homemade sprouts and croutons

16

#### Kid's menu

- Grilled Cheese
- Hamburger
- · Ham and cheese sandwich

served with potato chips, fresh cucumber slices, watermelon, apple slices, served with choice of a glass of milk, lemonade or juice

8

## ONLINE TAKE-OUT ORDERING

www.cafeflora.mobi-order.com

### **Shrimp Roll**

Caraquet shrimps, homemade aioli, green onions on toast, sprouts, served with Covered Bridge Chips

13

#### **Panini**

Bacon, sprouts, Granny Smith apples, brie, jalapeno and maple jelly served with Covered Bridge Chips

13

Add chicken 3

#### Maritime Shrimps Cocktail

11

#### **Quinoa Salad**

Quinoa, red onions, tomatoes, peppers, sprouts, chickpeas, cucumbers and house dressing

10

### Veggie pâté Sandwich

Mixture of mushrooms, vegetables, nuts and cheese and tomatoes

8



Lemonade, iced tea or iced coffee	sm/3	L/4.50
Milk or juice (orange or apple)	sm/3	L/4.50
Tea bag (black, herbal or green) "Pyramid"	,	2.25
French Press Coffee	•••••	2.75
PERRIER Sparkling Water		3.25
Soft drink		2.50
Mimosa	•••••	8
Cocktail		8
Beer		6
Craft beer		8
Red wine or white wine	6oz/7	8oz/9



Café Flora
Cuisine conviviale contemporaine
Contemporary comfort food



Local cheese, charcuterie of the moment, croutons and complements

21

#### The Burger

Beef, bacon, mushrooms, onions, MadQ BBQ sauce, lettuce, tomatoes served with Covered Bridge Chips

17

## This week's inspiration

Check the entry board

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### Republic Roll

Grilled tortilla bread, roasted chicken, tomatoes, red onions, bacon, lettuce, secret sauce, served with Covered Bridge Chips

15

### Veggie Burger

Mix of vegetables, lettuce, tomatoes, red onions, Mayonnaise, served with Covered Bridge Chips

15

